

Resultatliste

Klausie-løbet

2009

10 Km

| Tid | Nr | Navn | Post | By | Ald. | MK | Forening |
|----------|------|--------------------------------|------|------------|------|----|----------------------|
| k | | | | | | | |
| 00:43:33 | 2492 | Trine Andersen | 7500 | Holstebro | 22 | k | HOK |
| 00:46:51 | 2462 | Lena Bilberg | 6950 | Ringkøbing | 18 | k | RIF |
| 00:49:25 | 2571 | Berik Christensen | 7500 | Holstebro | 46 | k | |
| 00:49:46 | 2422 | Britta Dahl | 6880 | Tarm | 51 | k | |
| 00:50:24 | 2593 | Pia Knudsen | 6950 | Ringkøbing | 47 | k | RAM |
| 00:50:35 | 2594 | Lene Noe Nielsen | 6950 | Ringkøbing | 99 | k | |
| 00:51:24 | 2507 | Bente Frandsen | 7600 | Struer | 55 | k | AK Kilen |
| 00:51:39 | 2574 | Karin Klausen | 6950 | Ringkøbing | 40 | k | |
| 00:53:17 | 2494 | Lene Jacobsen | 7500 | Holstebro | 42 | k | HOK |
| 00:54:50 | 2478 | Ellen Thorndahl | 7430 | Ikast | 57 | k | Ikast Atletik & Moti |
| 00:55:37 | 2545 | Lone Hansen | 6900 | Skjern | 57 | k | Skjern Løbeklub |
| 00:55:39 | 2547 | Hanne Kalør | 6900 | Skjern | 51 | k | Skjern Løbeklub |
| 00:55:56 | 2429 | Rikke Brixen | 6980 | Tim | 30 | k | |
| 00:55:58 | 2527 | Diana Mortensen | 6980 | Tim | 99 | k | |
| 00:56:01 | 2444 | Tove Damgaard | 7560 | Hjerm | 38 | k | |
| 00:56:16 | 2562 | Heidi Pedersen | 6933 | Kibæk | 38 | k | |
| 00:56:26 | 2503 | Karen Thinggaard | 6950 | Ringkøbing | 99 | k | Miljøcenter Ringkø |
| 00:56:41 | 2602 | Anni Hansen | 7500 | Holstebro | 99 | k | HOK |
| 00:56:57 | 2458 | Tina Risom Pedersen | 6971 | Spjald | 39 | k | Grønbjerg GU |
| 00:57:23 | 2509 | Anna Grethe Larsen | 7600 | Struer | 55 | k | AK Kilen |
| 00:58:01 | 2475 | Ida Buus | 7620 | Lemvig | 57 | k | Lemvig Løbeklub |
| 00:58:05 | 2601 | Lise Slot Tarpgaard | 8000 | Århus C | 26 | k | |
| 00:58:08 | 2510 | Else Foldager | 7600 | Struer | 54 | k | AK Kilen |
| 00:58:10 | 2508 | Jonna P Hansen | 7600 | Struer | 67 | k | AK Kilen |
| 00:58:16 | 2589 | Graciela Zayas Teglgaard | 6950 | Ringkøbing | 39 | k | VB Løbere |
| 00:58:38 | 2558 | Lisbet Ørts Nørgaard | 6980 | Tim | 18 | k | |
| 00:58:49 | 2521 | Karen Bjerg | 7500 | Holstebro | 55 | k | Skovmotionisterne |
| 00:58:59 | 2548 | Marijke Koenraadt Torstedvej 7 | 6980 | Tim | 22 | k | |
| 00:59:21 | 2480 | Sophie Nielsen | 6940 | Lem St. | 99 | k | |
| 00:59:32 | 2483 | Lene Skov Sørensen | 6950 | Ringkøbing | 42 | k | VB Løbere |
| 00:59:54 | 2555 | Jytte Nørgaard | 6980 | Tim | 51 | k | Tim Løbeklub |
| 01:00:03 | 2454 | Jette Sørensen | 7500 | Holstebro | 34 | k | |
| 01:00:46 | 2505 | Anna Gade Holm | 6950 | Ringkøbing | 99 | k | Miljøcenter Ringkø |
| 01:00:51 | 2486 | Helle Fogh Hansen | 6950 | Ringkøbing | 41 | k | 10-4 Ringkøbing |
| 01:01:24 | 2585 | Kirsten Svendgaard | 7600 | Struer | 57 | k | AK Kilen |
| 01:01:32 | 2496 | Berit Møller | 7500 | Holstebro | 49 | k | HOK |
| 01:01:43 | 2570 | Helle Højbjerg Nielsen | 7400 | Herning | 30 | k | VGU |
| 01:02:25 | 2511 | Inga Jespersen | 7600 | Struer | 63 | k | AK Kilen |
| 01:03:09 | 2556 | Inger Møller | 6971 | Spjald | 44 | k | Spjald løbeklub |
| 01:03:23 | 2491 | Jonna Andersen | 6950 | Ringkøbing | 33 | k | Team VELFAC |
| 01:03:48 | 2451 | Deirdre Toft | 6950 | Ringkøbing | 47 | k | |
| 01:03:53 | 2436 | Gitte Grand | 6950 | Ringkøbing | 29 | k | |
| 01:04:21 | 2553 | Rikke Blæsbjerg | 6900 | Skjern | 32 | k | |
| 01:04:38 | 2448 | Helga Lundsgaard | 6950 | Ringkøbing | 47 | k | |
| 01:04:55 | 2499 | Kirsten Poulsen | 7500 | Holstebro | 58 | k | HOK |
| 01:07:24 | 2439 | Jette Plauborg Jensen | 6980 | Tim | 54 | k | |
| 01:07:27 | 2485 | Tanja Rask | 6920 | Videbæk | 39 | k | MidtVest Bredbån |
| 01:08:12 | 2534 | Valborg Melgaard | 6900 | Skjern | 52 | k | |
| 01:08:19 | 2564 | Solveig Birkmose | 6950 | Ringkøbing | 44 | k | |
| 01:08:31 | 2433 | Bente Pedersen | 7490 | Avlum | 61 | k | |

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|----------|------|-----------------|------|---------|----|---------------------|
| 01:08:37 | 2588 | Jonna Gramstrup | 6940 | Lem St. | 99 | k |
| 01:08:39 | 2467 | Bente Aarup | 6900 | Skjern | 52 | k Stauning-Dejbjerg |
| 01:09:57 | 2471 | Tove Hyltdgaard | 7600 | Struer | 64 | k Bremdal Idrætsklu |
| 01:19:04 | 2533 | Alice Graugaard | 6900 | Skjern | 99 | k |

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|----------|------|----------------------------|------|-------------|----|----------------------|
| 00:37:04 | 2539 | Øystein Wergeland | 7500 | Holstebro | 25 | m AK Holstebro |
| 00:37:31 | 2495 | Kim Christiansen | 7500 | Holstebro | 48 | m HOK |
| 00:38:15 | 2450 | Frank Højlund Jensen | 7400 | Herning | 34 | m |
| 00:39:35 | 2453 | Karsten Madsen | 7500 | Holstebro | 52 | m |
| 00:39:54 | 2529 | René Mikkelsen | 8660 | Skanderborg | 35 | m |
| 00:39:56 | 2595 | Esben Brun Nielsen | 6950 | Ringkøbing | 99 | m |
| 00:40:46 | 2504 | Heine Glüsing | 6950 | Ringkøbing | 99 | m Miljøcenter Ringkø |
| 00:41:01 | 2477 | Anders Hjørnholm | 6920 | Videbæk | 47 | m Herning GF |
| 00:41:25 | 2473 | Preben Mose | 7620 | Lemvig | 43 | m Lemvig Løbeklub |
| 00:41:26 | 2498 | Peter Andersen | 7500 | Holstebro | 51 | m HOK |
| 00:42:08 | 2474 | Mads Pedersen | 7620 | Lemvig | 53 | m Lemvig Løbeklub |
| 00:43:05 | 2457 | Magnus Risom Christensen | 6971 | Spjald | 12 | m Grønbjerg GU |
| 00:43:10 | 2430 | John Refshammer | 7400 | Herning | 42 | m |
| 00:43:27 | 2579 | Magnus K. Nielsen | 6990 | Ulfborg | 29 | m |
| 00:44:03 | 2530 | Martin Braun | 6980 | Tim | 38 | m Lokomotive Wiehe |
| 00:44:06 | 2493 | Ulrik Kirkegaard | 7500 | Holstebro | 38 | m HOK |
| 00:44:13 | 2578 | Torben Nilsen | 6990 | Ulfborg | 99 | m |
| 00:44:56 | 2426 | John Asmussen | 6971 | Spjald | 49 | m |
| 00:45:22 | 2516 | Robert Foldager | 7600 | Struer | 57 | m AK Kilen |
| 00:45:41 | 2517 | Carsten Makhholm | 7600 | Struer | 55 | m AK Kilen |
| 00:45:56 | 3137 | Find Therkildsen | 6973 | Ørnhøj | 41 | m |
| 00:45:59 | 2431 | Mogens Andersen | 7451 | Sunds | 39 | m |
| 00:46:09 | 2440 | Flemming Nørgaard | 7400 | Herning | 36 | m |
| 00:46:18 | 2563 | Kaj Poulsen | 6933 | Kibæk | 41 | m |
| 00:46:32 | 2549 | Bruno Sørensen | 7830 | Vinderup | 9 | m |
| 00:46:50 | 2584 | Jacob Skov Sølvsten | 6950 | Ringkøbing | 38 | m |
| 00:47:00 | 2464 | Mikkel Rabjerg | 6980 | Tim | 11 | m Tim GIF |
| 00:47:06 | 2489 | Jørn Madsen | 6950 | Ringkøbing | 42 | m Team VELFAC |
| 00:47:23 | 2583 | Find Bjerg | 6990 | Ulfborg | 58 | m |
| 00:47:25 | 2455 | Kurt Sonne Thomsen | 7900 | Nykøbing M | 54 | m |
| 00:47:35 | 2592 | Hjalte Knudsen | 6950 | Ringkøbing | 11 | m |
| 00:47:52 | 2434 | Henning Pedersen | 6950 | Ringkøbing | 51 | m |
| 00:47:54 | 2449 | Aske Lundsgaard | 6950 | Ringkøbing | 11 | m |
| 00:48:29 | 2600 | Jens Ulrik Tarpgaard | 6990 | Ulfborg | 57 | m |
| 00:48:46 | 2427 | Keld Pedersen | 7490 | Avlum | 42 | m |
| 00:49:04 | 2532 | Kim Jakobsen | 7500 | Holstebro | 42 | m |
| 00:49:11 | 2428 | Harry Hansen-Baun | 6900 | Skjern | 36 | m |
| 00:49:22 | 2544 | Jens Clausager | 6900 | Skjern | 41 | m |
| 00:49:44 | 2432 | Povl Toft | 6950 | Ringkøbing | 49 | m |
| 00:49:48 | 2542 | Jesper Spaabæk Christensen | 6971 | Spjald | 31 | m |
| 00:49:49 | 2599 | Erik Holmgaard | 6971 | Spjald | 50 | m |
| 00:49:54 | 2566 | Anders Randbæk | 6920 | Videbæk | 50 | m VGU |
| 00:50:06 | 2586 | Karl Svendsen | 7500 | Holstebro | 60 | m Mejdal GIK |
| 00:50:08 | 2552 | Lars Bernhard | 6990 | Ulfborg | 37 | m |
| 00:50:16 | 2513 | Herlev Prangsgaard | 7600 | Struer | 71 | m AK Kilen |
| 00:50:40 | 2456 | Jesper Bagge Pedersen | 6971 | Spjald | 42 | m Grønbjerg GU |
| 00:50:45 | 2501 | Aage Fjordside | 7500 | Holstebro | 69 | m HOK |
| 00:50:59 | 2576 | Jens Nygaard | 6980 | Tim | 43 | m |
| 00:51:11 | 2423 | Karsten Thomsen | 6950 | Ringkøbing | 51 | m |

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|----------|------|---------------------------|------|--------------|----|----------------------|
| 00:51:21 | 2476 | Jacob Pedersen | 6990 | Ulfborg | 14 | m Staby/Husby GUF |
| 00:51:22 | 2447 | Klaus Thing | 7570 | Vemb | 33 | m |
| 00:51:26 | 2573 | Emil Juul Jørgensen | 6950 | Ringkøbing | 13 | m |
| 00:51:30 | 2460 | Egon Aaberg | 6950 | Ringkøbing | 47 | m Hee Sogneforen. |
| 00:51:32 | 2535 | Martin Haldbo Hansen | 6980 | Tim | 99 | m Hover Torsted Fris |
| 00:51:32 | 2512 | Leif Hansen | 7600 | Struer | 67 | m AK Kilen |
| 00:51:34 | 2459 | Jens Kristian Christensen | 6971 | Spjald | 42 | m Grønbjerg GU |
| 00:51:35 | 2465 | Erik Kjeldgård | 6920 | Videbæk | 43 | m Faster GIF |
| 00:51:41 | 2537 | Klaus Andersen | 6973 | Ørnhøj | 19 | m |
| 00:51:42 | 2559 | Arne Husted | 6971 | Spjald | 50 | m |
| 00:51:45 | 2575 | Simon Haubjerg Jørgensen | 6950 | Ringkøbing | 22 | m |
| 00:51:46 | 2543 | Rene Holmgaard | 9000 | Aalborg | 23 | m |
| 00:51:50 | 2536 | Casper Smed | 6973 | Ørnhøj | 99 | m |
| 00:52:00 | 2551 | Jens Sørensen | 7830 | Vinderup | 47 | m |
| 00:52:10 | 2590 | Knud Holdgaard | 7600 | Struer | 64 | m AK Kilen |
| 00:52:17 | 2577 | Søren Larsen | 6950 | Ringkøbing | 44 | m Velfac |
| 00:52:27 | 2604 | Per Høgsberg | 6940 | Lem St. | 54 | m |
| 00:52:37 | 2441 | Jacob Kjerulff | 6971 | Spjald | 31 | m |
| 00:52:39 | 2442 | Holger Sørensen | 6971 | Spjald | 45 | m |
| 00:52:44 | 2560 | Sten Kristensen | 6971 | Spjald | 50 | m Spjald |
| 00:52:55 | 2518 | Ib Tang | 7600 | Struer | 68 | m AK Kilen |
| 00:52:57 | 2580 | Kristian Nielsen | 6980 | Tim | 99 | m |
| 00:53:15 | 2596 | Flemming Meldgård | 6971 | Spjald | 39 | m |
| 00:53:47 | 2591 | Leif K Andersen | 7500 | Holstebro | 54 | m Avis-Maraton |
| 00:53:50 | 2502 | Niels Aage Nielsen | 7500 | Holstebro | 99 | m HOK |
| 00:53:52 | 2557 | Claus Mikael Eriksen | 7400 | Herning | 99 | m |
| 00:53:54 | 2587 | Jens Peter Nielsen | 6971 | Spjald | 50 | m |
| 00:54:16 | 2488 | Peder Kammeyer Sørensen | 6950 | Ringkøbing | 56 | m Team VELFAC |
| 00:54:28 | 2421 | Steen Andersen | 6950 | Ringkøbing | 58 | m |
| 00:55:00 | 2567 | Alfred Christensen | 7500 | Holstebro | 51 | m |
| 00:55:02 | 2500 | Torben Brix | 7500 | Holstebro | 60 | m HOK |
| 00:55:10 | 2479 | Allan Stampe | 6950 | Ringkøbing | 39 | m VB Løbere |
| 00:55:13 | 2603 | Klaus Hansen | 7500 | Holstebro | 47 | m HOK |
| 00:55:14 | 2541 | Lasse Lisborg Sommer | 6893 | Hemmet | 12 | m |
| 00:55:28 | 2424 | Jan Lundsgaard | 6950 | Ringkøbing | 46 | m |
| 00:55:30 | 2568 | Rasmus Randbæk | 6920 | Videbæk | 21 | m |
| 00:55:40 | 2520 | Anders Bech | 7500 | Holstebro | 68 | m Skovmotionisterne |
| 00:56:05 | 2550 | Bjarne Skindhøj | 7500 | Holstebro | 66 | m |
| 00:56:27 | 2561 | Ove Hansen | 7650 | Bøvlingbjerg | 65 | m Lemvig Løbeklub |
| 00:56:48 | 2515 | Asger Nielsen | 7600 | Struer | 71 | m AK Kilen |
| 00:57:33 | 2528 | Oliver B Nesbitt Andersen | 6980 | Tim | 14 | m |
| 00:57:45 | 2569 | Marius Nielsen | 6920 | Videbæk | 59 | m VGU |
| 00:57:51 | 2526 | Jesper Kalhøj | 6980 | Tim | 33 | m |
| 00:58:03 | 2466 | Peter Carstensen | 6900 | Skjern | 52 | m Skjern GIF |
| 00:58:37 | 2522 | Hardy Nielsen | 7500 | Holstebro | 56 | m Skovmotionisterne |
| 00:58:41 | 2523 | Søren Strøm | 6990 | Ulfborg | 38 | m |
| 00:58:43 | 2497 | John Søndergaard | 7500 | Holstebro | 51 | m HOK |
| 00:59:01 | 2565 | Kaj A. Birkmose | 6950 | Ringkøbing | 99 | m |
| 00:59:14 | 2597 | Tommy Meldgård | 6971 | Spjald | 12 | m |
| 00:59:19 | 2435 | Tonny Bank Olesen | 6950 | Ringkøbing | 55 | m |
| 00:59:37 | 2519 | John Svendsen | 7500 | Holstebro | 54 | m Skovmotionisterne |
| 00:59:48 | 2487 | Rasmus Fogh Hansen | 6950 | Ringkøbing | 11 | m 10-4 Ringkøbing |
| 00:59:52 | 2598 | Jan Amby | 6950 | Ringkøbing | 99 | m |
| 01:00:10 | 2572 | Carsten Hansen | 6920 | Videbæk | 48 | m VGU |

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|----------|------|--------------------------|------|-------------|----|---------------------|
| 01:00:25 | 2540 | Mikkel Hollmann | 6893 | Hemmet | 40 | m |
| 01:01:47 | 2490 | Bent Pedersen | 6950 | Ringkøbing | 55 | m Team VELFAC |
| 01:02:28 | 2581 | Carsten H. Rasmussen | 6980 | Tim | 43 | m |
| 01:02:50 | 2470 | Lars Christian Hyldgaard | 7600 | Struer | 65 | m Bremdal Idrætsklu |
| 01:02:59 | 2461 | Valter Kristensen | 6971 | Spjald | 37 | m HUIF |
| 01:03:19 | 2538 | Sven Stenbak Hollmann | 6830 | Nørre-Nebel | 13 | m |
| 01:03:26 | 2514 | Jens Jespersen | 7600 | Struer | 67 | m AK Kilen |
| 01:03:33 | 2484 | John Nees | 7400 | Herning | 45 | m MidtVest Bredbån |
| 01:03:55 | 2437 | Morten Brændgaard | 6950 | Ringkøbing | 29 | m |
| 01:04:23 | 2554 | Bjarne Blæsbjerg | 6900 | Skjern | 34 | m Grene |
| 01:06:04 | 2525 | Arnold Nielsen | 6980 | Tim | 9 | m |
| 01:06:07 | 2524 | Niels Nielsen | 6980 | Tim | 36 | m |
| 01:06:57 | 2445 | Jørn Wutborg | 6880 | Tarm | 42 | m |
| 01:09:02 | 2482 | Andreas Palnov | 6950 | Ringkøbing | 7 | m VB Løbere |
| 01:09:03 | 2481 | Kasper Palnov | 6950 | Ringkøbing | 36 | m VB Løbere |
| 01:11:01 | 2582 | Jonas Nielsen | 6950 | Ringkøbing | 19 | m |
| 01:11:53 | 2469 | Ivan Aarup | 6900 | Skjern | 54 | m Stauning-Dejbjerg |
| 01:14:19 | 2443 | Claus Damgaard | 7560 | Hjerm | 37 | m |

4 Km

| Tid | Nr | Navn | Post | By | Ald. | MK | Forening |
|----------|------|--------------------------|------|------------|------|----|--------------------|
| k | | | | | | | |
| 00:19:07 | 1208 | Kate Sørensen | 7830 | Vinderup | 14 | k | |
| 00:19:18 | 1124 | Janneke Koenraad | 6980 | Tim | 20 | k | Torsted IF |
| 00:19:20 | 1122 | Anne Marie Vad | 7900 | Nykøbing M | 45 | k | |
| 00:19:21 | 1128 | Camilla Dam | 7500 | Holstebro | 13 | k | Mejdal Gymnastik |
| 00:19:35 | 1227 | Karen Jeppesen | 6990 | Ulfborg | 53 | k | |
| 00:19:45 | 1144 | Lotte Andersen | 7500 | Holstebro | 19 | k | HOK |
| 00:19:50 | 1218 | Alvilda Thomasen | 9999 | Ukendt | 12 | k | |
| 00:20:44 | 1174 | Sarah Winther Jensen | 7500 | Holstebro | 10 | k | HOK |
| 00:21:26 | 1191 | Janne Faurholdt Bay | 6950 | Ringkøbing | 99 | k | |
| 00:21:31 | 1147 | Minna Andersen | 7500 | Holstebro | 49 | k | HOK |
| 00:21:33 | 1146 | Jytte N. Jensen | 7500 | Holstebro | 47 | k | HOK |
| 00:21:35 | 1131 | Lisa Hjørnholm | 6920 | Videbæk | 12 | k | Herning GF |
| 00:21:38 | 1112 | Susanne Lillelund Jensen | 7400 | Herning | 32 | k | |
| 00:22:00 | 1212 | Pernille Mortensen | 6971 | Spjald | 35 | k | |
| 00:22:06 | 1092 | Linette Mai Truelsen | 6933 | Kibæk | 19 | k | |
| 00:22:25 | 1143 | Johanne Poulsen | 7500 | Holstebro | 13 | k | HOK |
| 00:22:44 | 1190 | Gitte Bech Jacobsen | 6950 | Ringkøbing | 99 | k | Ringkøbing Atletik |
| 00:22:47 | 1177 | Maibrit Line Truelsen | 6933 | Kibæk | 17 | k | |
| 00:22:53 | 1123 | Cecilie Bagge Pedersen | 6971 | Spjald | 10 | k | Grønbjerg GU |
| 00:22:57 | 1161 | Jane Irene Grooss | 6950 | Ringkøbing | 99 | k | Miljøcenter Ringkø |
| 00:22:59 | 1162 | Annette Kristensen | 6950 | Ringkøbing | 99 | k | Miljøcenter Ringkø |
| 00:23:03 | 1155 | Ellen Langfrits | 6950 | Ringkøbing | 99 | k | Miljøcenter Ringkø |
| 00:23:11 | 1097 | Ilse Asmussesn | 6971 | Spjald | 47 | k | |
| 00:23:20 | 1101 | Victoria Toft | 6950 | Ringkøbing | 18 | k | |
| 00:23:32 | 1219 | Teta Krogh Sørensen | 6980 | Tim | 41 | k | |
| 00:23:38 | 1202 | Cecilie Brogaard | 6990 | Ulfborg | 11 | k | |
| 00:24:00 | 1217 | Rikke Stampe | 6971 | Spjald | 99 | k | |
| 00:24:04 | 1246 | Tove Ebbesen | 6971 | Spjald | 41 | k | |
| 00:24:27 | 1107 | Natascha Sørensen | 6950 | Ringkøbing | 23 | k | |
| 00:24:30 | 1176 | Dorte Ehlers | 7500 | Holstebro | 51 | k | Skovmotionisterne |
| 00:25:13 | 1211 | Lisa Poulsen | 6920 | Videbæk | 62 | k | |
| 00:25:14 | 1192 | Anni Faurholdt Lauridsen | 6950 | Ringkøbing | 42 | k | |

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|----------|------|------------------------------|------|------------|----|----------------------|
| 00:25:16 | 1206 | Karenmarie Jensen | 6971 | Spjald | 99 | k |
| 00:25:17 | 1104 | Anne Dorte Kassentoft Johans | 6971 | Spjald | 40 | k |
| 00:25:19 | 1093 | Gitte Aaberg | 6980 | Tim | 51 | k |
| 00:25:23 | 1182 | Ulla Kirkegaard | 6980 | Tim | 99 | k |
| 00:25:26 | 1199 | Henny Færge Rabjerg | 6980 | Tim | 47 | k Tim Løbeklub |
| 00:25:30 | 1148 | Else Nielsen | 7500 | Holstebro | 56 | k HOK |
| 00:25:41 | 1239 | Anny Nielsen | 7620 | Lemvig | 55 | k |
| 00:25:42 | 1180 | Tanja Falk Nielsen | 6971 | Spjald | 12 | k |
| 00:25:44 | 1183 | Ellen Toft | 6990 | Ulfborg | 9 | k Hover-Torsted |
| 00:25:46 | 1158 | Britta Ladefoged | 6950 | Ringkøbing | 99 | k Miljøcenter Ringkø |
| 00:25:54 | 1242 | Frida Noe | 6950 | Ringkøbing | 99 | k |
| 00:25:57 | 1181 | Henny Graversen | 6980 | Tim | 99 | k |
| 00:25:59 | 1108 | Michaela Sørensen | 6950 | Ringkøbing | 9 | k |
| 00:26:08 | 1221 | Silje Thomasen | 9999 | Ukendt | 8 | k |
| 00:26:11 | 1116 | Mette Jørgensen | 6900 | Skjern | 29 | k |
| 00:26:22 | 1157 | Gitte Skaarup Kristensen | 6950 | Ringkøbing | 99 | k Miljøcenter Ringkø |
| 00:26:31 | 1179 | Kirstine L Kirkegaard | 6971 | Spjald | 17 | k |
| 00:26:55 | 1151 | Helle Jacobsen | 7500 | Holstebro | 99 | k HOK |
| 00:26:56 | 1153 | Louise Berg Hansen | 6950 | Ringkøbing | 99 | k Miljøcenter Ringkø |
| 00:26:57 | 1178 | Rikke Jensen | 6900 | Skjern | 44 | k |
| 00:27:00 | 1163 | Hanne M. Petersen | 6950 | Ringkøbing | 99 | k Miljøcenter Ringkø |
| 00:27:19 | 1241 | Tove Bilberg | 6950 | Ringkøbing | 99 | k |
| 00:27:35 | 1173 | Iben Sophie Bisgaard Jakobse | 6950 | Ringkøbing | 99 | k Miljøcenter Ringkø |
| 00:27:37 | 1237 | Frederikke Husted | 6971 | Spjald | 12 | k |
| 00:27:38 | 1234 | Louise Rask Sørensen | 6920 | Videbæk | 11 | k |
| 00:27:40 | 1231 | Ingrid Bjerg | 6990 | Ulfborg | 56 | k |
| 00:27:41 | 1230 | Bente G Jensen | 7500 | Holstebro | 49 | k Holstebro GK Moti |
| 00:27:44 | 1094 | Helene Valsgaard | 6950 | Ringkøbing | 35 | k |
| 00:27:48 | 1152 | Hanne Pedersen | 6950 | Ringkøbing | 99 | k Miljøcenter Ringkø |
| 00:27:50 | 1110 | Nanna Fogh Hansen | 6950 | Ringkøbing | 9 | k |
| 00:27:55 | 1193 | Nicoline Lauridsen | 6950 | Ringkøbing | 18 | k |
| 00:28:11 | 1106 | Jette Larsen | 7500 | Holstebro | 50 | k |
| 00:28:22 | 1224 | Anette Nielsen | 6950 | Ringkøbing | 99 | k |
| 00:28:29 | 1102 | Claire Toft | 6950 | Ringkøbing | 14 | k |
| 00:28:42 | 1247 | Louise Amby | 6950 | Ringkøbing | 9 | k |
| 00:28:44 | 1132 | Signe Ramskov Stampe | 6950 | Ringkøbing | 10 | k VB Løbere |
| 00:28:55 | 1222 | Tove Søndergaard | 7500 | Holstebro | 49 | k Skovmotionisterne |
| 00:28:57 | 1195 | Gitte Andersen | 6971 | Spjald | 49 | k |
| 00:29:14 | 1188 | Lone Bjerregaard | 6950 | Ringkøbing | 45 | k |
| 00:29:32 | 1120 | Xenia Hansen-Baun | 6900 | Skjern | 0 | k |
| 00:29:34 | 1119 | Majken Hansen-Baun | 6900 | Skjern | 33 | k |
| 00:30:20 | 1150 | Marie Fjordside | 7500 | Holstebro | 64 | k HOK |
| 00:30:36 | 1115 | Pernille Frederiksen | 6973 | Ørnvej | 25 | k Torsted IF |
| 00:30:37 | 1105 | Lærke Nielsen | 7500 | Holstebro | 18 | k |
| 00:30:53 | 1252 | Karin Høgsberg | 6940 | Lem St. | 47 | k |
| 00:31:20 | 1232 | Anna Hald | 6980 | Tim | 99 | k Torsted IF |
| 00:31:23 | 1134 | Merete Ramskov Stampe | 6950 | Ringkøbing | 37 | k VB Løbere |
| 00:32:27 | 1175 | Kirsten Tang | 7600 | Struer | 64 | k AK Kilen |
| 00:32:45 | 1213 | Lene Høj Thomsen | 7480 | Vildbjerg | 99 | k Vildbjerg Motion |
| 00:32:48 | 1235 | Freja Rask Sørensen | 6971 | Spjald | 8 | k |
| 00:32:49 | 1236 | Emilia Husted | 6971 | Spjald | 10 | k |
| 00:32:58 | 1226 | Merete Krøjgaard | 6990 | Ulfborg | 58 | k |
| 00:33:51 | 1100 | Lærke Hansen-Baun | 6900 | Skjern | 6 | k |
| 00:33:58 | 1095 | Dorthe Brasch Pedersen | 7490 | Avlum | 35 | k |

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|----------|------|--------------------|------|------------|----|----------------------|
| 00:34:01 | 1103 | Ketty Brasch | 6950 | Ringkøbing | 59 | k |
| 00:35:44 | 1251 | Signe Marie Olesen | 6971 | Spjald | 99 | k |
| 00:47:06 | 1171 | Karin-Merete Mose | 6950 | Ringkøbing | 99 | k Miljøcenter Ringkø |
| 00:51:05 | 1109 | Anita Sørensen | 6950 | Ringkøbing | 9 | k |
| 00:51:20 | 1168 | Lone Sørensen | 6950 | Ringkøbing | 99 | k Miljøcenter Ringkø |

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|----------|------|----------------------------|------|------------|----|----------------------|
| 00:14:07 | 1198 | Jan Erik Wergeland | 7500 | Holstebro | 23 | m A.K.Holstebro |
| 00:14:34 | 1113 | Klaus Henriksen | 7620 | Lemvig | 19 | m |
| 00:15:02 | 1249 | Fin Sejbjerg | 7500 | Holstebro | 44 | m |
| 00:15:11 | 1121 | Gustav Vad Thomsen | 7900 | Nykøbing M | 15 | m |
| 00:15:33 | 1216 | Mikkel Kirkegaard Olesen | 8600 | Silkeborg | 26 | m |
| 00:16:42 | 1130 | Ole Hjørnholm | 6920 | Videbæk | 14 | m Herning GF |
| 00:16:49 | 1117 | Søren Lund Chistensen | 6973 | Ørnhøj | 26 | m |
| 00:16:51 | 1207 | Preben Søgaard | 7500 | Holstebro | 55 | m |
| 00:16:56 | 1118 | Michael Jørgensen | 7200 | Grindsted | 30 | m |
| 00:18:24 | 1228 | Claus Bork | 8700 | Horsens | 25 | m |
| 00:18:27 | 1185 | Andreas F Esbersen | 7500 | Holstebro | 21 | m |
| 00:18:48 | 1205 | Mads L Kirkegaard | 6971 | Spjald | 12 | m |
| 00:18:56 | 1197 | Henrik Svejgaard | 6990 | Ulfborg | 45 | m Staby Løbeklub |
| 00:19:03 | 1223 | Bent Larsen | 7620 | Lemvig | 99 | m Lemvig Løbeklub |
| 00:19:22 | 1160 | Jørgen Jørgensen | 6950 | Ringkøbing | 99 | m Miljøcenter Ringkø |
| 00:19:47 | 1248 | Martin Østergård Cartensen | 6900 | Skjern | 21 | m |
| 00:19:52 | 1127 | Henning Aaser | 6980 | Tim | 44 | m Tim GIF |
| 00:20:04 | 1209 | Magnus Sandholm | 6990 | Ulfborg | 11 | m |
| 00:20:06 | 1186 | Simon Østergaard | 6971 | Spjald | 10 | m |
| 00:20:07 | 1187 | Ole Østergaard | 6971 | Spjald | 49 | m |
| 00:20:34 | 1126 | Magnus Fjord Aaser | 6980 | Tim | 10 | m Tim GIF |
| 00:20:37 | 1243 | Anton Noe | 6950 | Ringkøbing | 10 | m |
| 00:20:38 | 1204 | Mikkel Brogaard | 6990 | Ulfborg | 9 | m |
| 00:20:40 | 1170 | Mads Kjærstrup | 6950 | Ringkøbing | 99 | m Miljøcenter Ringkø |
| 00:20:45 | 1142 | Kristian Jacobsen | 7500 | Holstebro | 10 | m HOK |
| 00:20:47 | 1133 | Andreas Ramskov Stampe | 6950 | Ringkøbing | 8 | m VB Løbere |
| 00:20:48 | 1203 | Brian Nielsen | 6990 | Ulfborg | 40 | m |
| 00:22:48 | 1210 | Rasmus Sandholm | 6990 | Ulfborg | 16 | m |
| 00:22:50 | 1159 | Torben Adolfsen | 6950 | Ringkøbing | 99 | m Miljøcenter Ringkø |
| 00:22:52 | 1169 | Søren Hald | 6950 | Ringkøbing | 99 | m Miljøcenter Ringkø |
| 00:22:55 | 1125 | Jens Grooss Aaser | 6980 | Tim | 8 | m Tim GIF |
| 00:23:00 | 1145 | Peder Christensen | 7500 | Holstebro | 45 | m HOK |
| 00:23:05 | 1240 | Gerald Bruun | 7620 | Lemvig | 59 | m |
| 00:23:14 | 1137 | Anders Brunsgård | 6980 | Tim | 41 | m Team VELFAC |
| 00:23:19 | 1098 | Patrick Hansen-Baun | 6900 | Skjern | 12 | m |
| 00:23:25 | 1245 | Kenneth Meldgård | 6971 | Spjald | 10 | m |
| 00:23:40 | 1184 | Aske Toft | 6990 | Ulfborg | 12 | m |
| 00:23:46 | 1138 | Leif Lauridsen | 6950 | Ringkøbing | 42 | m Team VELFAC |
| 00:23:59 | 1099 | Philip Hansen-Baun | 6900 | Skjern | 8 | m |
| 00:24:25 | 1164 | Jens D. Bernth | 6950 | Ringkøbing | 99 | m Miljøcenter Ringkø |
| 00:24:34 | 1114 | René Jensen | 7830 | Vinderup | 20 | m |
| 00:24:37 | 1253 | Tommy Nøddebo | 6900 | Skjern | 45 | m Skjern Løbeklub |
| 00:24:44 | 1141 | Casper Christiansen | 7500 | Holstebro | 9 | m HOK |
| 00:24:55 | 1189 | Tobias Pedersen | 6950 | Ringkøbing | 11 | m |
| 00:25:06 | 1229 | Claus Vestergaard | 6980 | Tim | 21 | m |
| 00:25:09 | 1154 | Peer Bo Mortensen | 6950 | Ringkøbing | 99 | m Miljøcenter Ringkø |
| 00:26:10 | 1220 | Ole Thomasen | 6980 | Tim | 43 | m |
| 00:27:12 | 1215 | Christian Høj Thomasen | 7480 | Vildbjerg | 11 | m |

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|----------|------|------------------------------|------|-------------|----|----------------------|
| 00:27:33 | 1172 | Tue Stenholm Jakobsen | 6950 | Ringkøbing | 99 | m Miljøcenter Ringkø |
| 00:27:53 | 1194 | Frederik Sander F. Lauridsen | 6950 | Ringkøbing | 8 | m |
| 00:27:58 | 1111 | Jacob Fogh Hansen | 6950 | Ringkøbing | 14 | m |
| 00:28:00 | 1238 | Per Helleskov | 7660 | Bækmarksbro | 37 | m |
| 00:28:28 | 1129 | Emil Holm Jessen | 6990 | Ulfborg | 12 | m Staby/Husby GUF |
| 00:28:39 | 1166 | Halfdan Rune Sckerl | 6950 | Ringkøbing | 99 | m Miljøcenter Ringkø |
| 00:29:38 | 1201 | Rasmus M Damsgaard | 6950 | Ringkøbing | 8 | m |
| 00:29:46 | 1140 | Jens Chr. Damsgaard | 6950 | Ringkøbing | 38 | m Team VELFAC |
| 00:30:01 | 1200 | Karl Hollmann | 6893 | Hemmet | 10 | m |
| 00:30:23 | 1250 | Ferdinan Rosthof Jensen | 6900 | Skjern | 16 | m |
| 00:30:54 | 1165 | Jette Poulsen Engholm | 6950 | Ringkøbing | 99 | m Miljøcenter Ringkø |
| 00:31:18 | 1139 | Claus Kvist Sørensen | 6950 | Ringkøbing | 25 | m Team VELFAC |
| 00:31:22 | 1244 | Emil Noe Nielsen | 6950 | Ringkøbing | 99 | m |
| 00:31:58 | 1225 | Henning Frederiksen | 6990 | Ulfborg | 61 | m |
| 00:32:21 | 1233 | Morten Vind Kristensen | 6971 | Spjald | 12 | m |
| 00:32:43 | 1214 | Simon Høj Thomsen | 7480 | Vildbjerg | 9 | m Vildbjerg Motion |
| 00:33:41 | 1196 | Rune Svejgaard | 6990 | Ulfborg | 11 | m |
| 00:47:07 | 1167 | Claus Rasmussen | 6950 | Ringkøbing | 99 | m Miljøcenter Ringkø |

Halvmarathon

| Tid | Nr | Navn | Post | By | Ald. | MK | Forening |
|----------|------|---------------------------|------|------------|------|----|------------------|
| k | | | | | | | |
| 01:48:48 | 3127 | Else Toft Sørensen | 7480 | Vildbjerg | 54 | k | |
| 01:52:56 | 3134 | Anne-Mette Riisbjerg Høje | 6973 | Ørnhøj | 33 | k | |
| 02:00:10 | 3094 | Dorte Eastwood | 6990 | Ulfborg | 51 | k | |
| 02:02:03 | 3117 | Else Højriis | 6980 | Tim | 56 | k | SAM |
| 02:02:41 | 3136 | Conny Brusen Nielsen | 7500 | Holstebro | 50 | k | DULK/Avis-marato |
| 02:04:54 | 3114 | Maren Holm Johansen | 6990 | Ulfborg | 40 | k | Staby/Husby GUF |
| 02:05:49 | 3138 | Sanne Therkildsen | 6973 | Ørnhøj | 37 | k | |
| 02:06:35 | 3100 | Hanne Kæmsgaard | 6990 | Ulfborg | 50 | k | Staby/Husby GUF |
| 02:06:39 | 3119 | Sabine Jensen | 6900 | Skjern | 34 | k | Naturguide.dk |
| 02:06:49 | 3124 | Annika Graff | 7620 | Lemvig | 35 | k | |
| 02:09:42 | 3097 | Susanne Schrøder | 6900 | Skjern | 35 | k | |
| m | | | | | | | |
| 01:24:03 | 3087 | Simon Grimstrup | 8600 | Silkeborg | 32 | m | |
| 01:24:16 | 3129 | Jakob Risum Jespersen | 7600 | Struer | 32 | m | BIK løb |
| 01:25:24 | 3110 | Per Larsen | 7600 | Struer | 59 | m | AK Kilen |
| 01:27:53 | 3147 | Benny Bendtsen | 7500 | Holstebro | 47 | m | JDRI |
| 01:29:00 | 3099 | Claus Dam | 7500 | Holstebro | 43 | m | |
| 01:29:36 | 3089 | Steen Karlsen | 8700 | Horsens | 44 | m | |
| 01:30:35 | 3092 | Esben Theibel | 7400 | Herning | 22 | m | |
| 01:30:43 | 3085 | Allan Leed | 8600 | Silkeborg | 38 | m | |
| 01:31:17 | 3091 | Magne Truelsen | 6933 | Kibæk | 51 | m | |
| 01:32:25 | 3141 | Dennis Pedersen | 7400 | Herning | 32 | m | |
| 01:34:31 | 3143 | Charles Steen | 6990 | Ulfborg | 36 | m | |
| 01:35:43 | 3145 | Verner Damgaard | 6950 | Ringkøbing | 40 | m | |
| 01:36:35 | 3146 | Morten Kjær | 6950 | Ringkøbing | 20 | m | |
| 01:37:57 | 3142 | Søren Damgaard Jensen | 6950 | Ringkøbing | 52 | m | RAM |
| 01:38:51 | 3111 | Gert Yde | 7600 | Struer | 60 | m | AK Kilen |
| 01:39:03 | 3102 | Peder Enggård | 6950 | Ringkøbing | 42 | m | Team VELFAC |
| 01:39:38 | 3113 | Poul Jespersen | 7600 | Struer | 63 | m | AK Kilen |
| 01:39:43 | 3139 | Jan Kaare | 7600 | Struer | 56 | m | AK Kilen |
| 01:40:11 | 3144 | Jan Pedersen | 7600 | Struer | 53 | m | Mejdal GIK |
| 01:40:31 | 3130 | Kim Høj Thomsen | 7480 | Vildbjerg | 46 | m | Vildbjerg Motion |
| 01:40:47 | 3126 | Keld Korshøj | 7480 | Vildbjerg | 49 | m | Vildbjerg Motion |

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|----------|------|--------------------------|------|------------|----|----------------------|
| 01:41:35 | 3116 | Vagn Jacobsen | 6980 | Tim | 45 | m |
| 01:41:59 | 3118 | Svend Erik Olesen | 6900 | Skjern | 52 | m |
| 01:46:12 | 3140 | Ole M. Sørensen | 7600 | Struer | 45 | m AK Kilen |
| 01:46:36 | 3090 | Tom Madsen | 6950 | Ringkøbing | 34 | m |
| 01:47:34 | 3121 | Ove Eldrup Nielsen | 7100 | Vejle | 53 | m |
| 01:47:43 | 3104 | Henry Petersen | 6950 | Ringkøbing | 35 | m Team VELFAC |
| 01:48:07 | 3109 | Dennis Holm Christensen | 7600 | Struer | 30 | m AK Kilen |
| 01:48:11 | 3093 | Jesper Vagn Andersen | 6950 | Ringkøbing | 47 | m |
| 01:48:23 | 3107 | Erik Lauridsen | 6950 | Ringkøbing | 54 | m |
| 01:48:59 | 3105 | Leif Jensen | 6980 | Tim | 55 | m |
| 01:49:03 | 3106 | Jørgen Theibel | 6950 | Ringkøbing | 99 | m Miljøcenter Ringkø |
| 01:50:25 | 3131 | Michael Kristiansen | 7480 | Vildbjerg | 23 | m |
| 01:50:37 | 3101 | Knud Andersen | 6950 | Ringkøbing | 44 | m Team VELFAC |
| 01:50:59 | 3095 | Michael Søndergaard | 7500 | Holstebro | 37 | m |
| 01:52:27 | 3088 | Sigfred Thomsen | 6950 | Ringkøbing | 63 | m |
| 01:52:30 | 3112 | Ulrik Strømkjær | 7600 | Struer | 37 | m AK Kilen |
| 01:52:54 | 3098 | Peter Galsgaard | 6950 | Ringkøbing | 31 | m |
| 01:53:51 | 3128 | Kim Pedersen | 7790 | Hvidbjerg | 46 | m |
| 01:55:58 | 3086 | Gregor Hein | 7500 | Holstebro | 33 | m |
| 01:56:55 | 3103 | Torben Stræde | 6950 | Ringkøbing | 41 | m Team VELFAC |
| 02:00:08 | 3096 | Bjørn Albinus | 6990 | Ulfborg | 59 | m |
| 02:00:52 | 3135 | Michael Stougaard | 6950 | Ringkøbing | 19 | m |
| 02:02:05 | 3108 | Poul Sørensen | 6950 | Ringkøbing | 54 | m VB Løbere |
| 02:06:47 | 3125 | Mikael Graff | 7620 | Lemvig | 39 | m |
| 02:07:46 | 3123 | Morten Ganderup | 7620 | Lemvig | 64 | m Lemvig Løbeklub |
| 02:09:02 | 3132 | Poul Erik Nørgaard | 6980 | Tim | 57 | m |
| 02:09:09 | 3122 | Bjarne Nørgaard Pedersen | 7500 | Holstebro | 51 | m Mejdal |
| 02:09:17 | 3148 | Bent Overgaard | 7400 | Herning | 65 | m IAM |
| 02:11:35 | 3120 | Torbjørn Tarp | 6950 | Ringkøbing | 40 | m Friluftshuset.dk |
| 02:15:02 | 3133 | Niels Haubjerg | 6950 | Ringkøbing | 18 | m No U&G |